

Recreation Rules Quick List

For more detailed rules, please go to www.gasoccer.org

For Recreation Important Dates and Information, please go to <http://www.ptclazers.org/Recreation>

Age Group	U5 & U6	U7 & U8	U10	U12	U14	U16	U19
Ball Size	3	3	4	4	5	5	5
Number of players							
Per Team	5-6	7-8	9-10	10-12	16-18	16-18	16-18
On the Field	3	4	6	8	11	11	11
Min. on the Field	3	3	5	6	7	7	7
Length of Game	2 Halves	4 Quarters	2 Halves	2 Halves	2 Halves	2 Halves	2 Halves
	14 Mins.	12 Mins.	30 Mins.	30 Mins.	35 Mins.	40 Mins.	45 Mins.
Halftime Length	None	5	10	10	10	10	10
Offside	No	No	Yes	Yes	Yes	Yes	Yes
Referees	Coaches	Coaches	3 Referees	3 Referees	3 Referees	3 Referees	3 Referees
Field Size	25 x 20	35 x 25	50 x 40	80 x 60	110 x 70	110 x 70	110 x 70
Penalty Area	None	None	26 x 10	30 x 14	44 x 18	44 x 18	44 x 18
Goal Area	None	*See Note Below*	18 x 6	18 x 6	20 x 6	20 x 6	20 x 6
Penalty Kick	None	None	8 Yds.	10 Yds.	12 Yds.	12 Yds.	12 Yds.

* For U7 & U8, there is a sweeper/keeper line at the 12 feet line from end line across the field

Roster

U5 - U12: No team rosters

U14 - U19: A team roster shall be printed by each coach from the PTCYSA registration website and presented to the referee before the start of the match.

Playing Time Requirements

All Ages: Each player is required to play at least 50% of the game. All players should play three-fourths of each game, unless the player is unwilling or unable to play.

Substitutions

U12 - U19: Substitutions are unlimited.

U5 - U10: There shall be five times to substitute:

1. Substitutions are mandatory in the middle of the first half of play (**All players on bench must be substituted**)
2. Substitutions are mandatory in the middle of the second half of play (**All players on bench must be substituted**)
3. Substitutions are optional at halftime.
4. Substitutions are optional in case of an injured player substitution; the opposing team may sub as well.
5. Substitutions are optional in case fatigue, or for individual player instruction, or to return a player after instruction at a stoppage in play (only that player may be substituted).

Goalkeeper Playing Time

U5 & U6: No Goalkeeper.

U7 & U8: A sweeper/keeper is used. A sweeper keeper is a field player eligible to use hands inside the penalty box area.

U10: The goalkeeper must be give at least as much time in each game as a field player as he/she plays as goalkeeper.

U12: The goalkeeper must be give at least as much time in each game as a field player as he/she plays as goalkeeper.

U14 - U19: No restrictions